Personal Statement

The best feeling in this world for me is to see the satisfaction in the patients after they have been cured and it’s even better if I can bring the satisfaction to a large number of patients. With the knowledge of management in health, I would be able to the existing resources maximally to provide affordable and accessible health care to the people in need. There are prevailing problems in hospital administration that have been exposed by the recent pandemic and we had a hard time providing quality health services to the patients. With the help of the MHA program offered by [abc] University, I wish to achieve my professional advancement in this field and provide quality health care to patients.

I did my schooling at ABC School with distinction (80.25%) in 2012. I completed my higher secondary education at XYZ School taking biology as a major in the first division (67%) in 2014. From my school days, I was inclined toward the health sector and that is why I chose to study Bachelor of Science in Nursing from ABC College affiliated with [abc] University and graduated in 2018 with 73.02% (First Division). During the fourth year of my undergraduate program, I was intrigued by how the involvement of management in health was important in the optimal functioning of a health institution. I also got a chance to work as a person in charge in the surgery department where I was able to utilize my theoretical skills. I learned to supervise staff, colleagues other nursing students, conduct staff meetings, write minutes, managed in-service education for the staff, manage logistics and prepare evaluation tools for the staff which helped to develop a standard in nursing care provided to the patients.

After the completion of my undergraduate degree, I worked as a nurse at ABC hospital, Nepal for about 1 year and 7 months (1 January 2019 to August 16 2020) where I applied my nursing theory and ethics. During this period, there was a sudden outbreak of pandemic where we had to work with limited resources. As we were new to the situation, we were unable to provide quality care to the patients with the handful of resources in beginning but as time progressed, we were providing adequate nursing care to the patient by fully utilizing our limited resources and helping in the recovery of patients in need. This made me realize the importance of management in a hospital setting to provide standard care to our people even during a crisis. Then I joined XYZ College and teaching hospital, Nepal from September 2020 to till date, where I am working as an emergency nurse. Being one of the renowned and busy hospitals in the country, I had to attend to critical and high-risk cases, where I learned about the triage system and handling mass casualties. It made me realize the importance of teamwork and critical thinking in saving the life of a person during an emergency. Working professionally also gave me insight into the organizational structure and its management in the hospital.

Affordability and accessibility of the health services are the two most important factors which I acknowledged while I was working as a nurse in Kathmandu. Due to the difficult terrain and lower economic status of the people living in Nepal, the health facilities are not accessible and affordable to most people in this country. On my route to my workplace was a slum and very near to it was a hospital with a helipad. The point I am trying to give emphasis is that although the health facility is so close to the people living in those slums, they cannot access the health facilities from that particular hospital because they cannot afford it, and some people who can afford those health facilities cannot access because they are living in difficult terrain. I feel with the MHA program I can acquire a good understanding of management and leadership in health, health economics, human resource management, and health policies which are quintessential in operating healthcare institutions. With this, I could move closer to my goal of making health facilities accessible and affordable to all.

Utilizing the advanced knowledge learned is equally important.So,I would like to contribute in health sector of my own country. So, after completion of my course, I would return to my home country and continue working at ABC Academy of Health Sciences and utilize all those experiences obtained globally in my country for about five years. I would also like to work in country’s top level government hospitals like Bir Hospital (first hospital in Nepal), Maharajgunj Teaching Hospital and Patan Academy of Health Sciences. As our country lacks education in health management, I hope to apply my knowledge to the development of health institutions. After gaining experience in various organizations for about decade, I would love to establish a health institution of my own where I will be able to provide equally accessible and affordable standard health services to all the patients.

I have known that [university] is a top-tier university with a global network. There are students from different nationalities and everybody is accepting. With students from different backgrounds, we get varied perspectives of things which helps in the well-round and robust development of an individual. It will prepare me to work in any part of the world. In addition, I am also excited about the personalized attention that I will get at this university which would make learning more engaging and effective.

I would like to assure you that the theoretical and practical knowledge gained at the university will be applied to assist the health programs of the government of Nepal and ultimately for the improvement of the health sector of Nepal. I am hopeful that I would get admission to one of the reputed universities globally and my aspiration of getting higher studies in health administration will be fulfilled. University’s cooperation would highly be appreciated to pursue my desire of providing quality health care for all Nepalese and to make a healthy and happy Nepal.